

MacKids Walk & Wheel NEW T-Shirt Design Contest

Bring your creativity to MacKids Walk & Wheel by designing our OFFICIAL 2026 event t-shirt. The winning design will be worn by families, friends, and teams as they walk, ride, and roll in support of McMaster Children's Hospital, including Ron Joyce Children's Health Centre.

Who can enter

- Open to registered MacKids Walk & Wheel participants only.
- All ages welcome (children may submit with support from a parent or guardian).
- One (1) submission per participant.

Contest timeline

- Contest launch: April 2
- Submission deadline: April 30 at 5:00 p.m.
- Winner announced: No later than May 11, 2026

Theme

Create a t-shirt design that reflects the spirit of MacKids Walk & Wheel: kids, some type of motion, hope, and community, and celebrates the impact of MacKids in our region.

How to enter

Participants must use the official MacKids Walk & Wheel blank t-shirt template to submit their design so all submissions can be reviewed and printed consistently.

Step-by-step:

1. Click [here](#) to download the blank MacKids Walk & Wheel t-shirt template
2. Create your design within the designated design area on the template (hand-drawn or digital).
3. If hand-drawn, make sure the artwork is crisp and can be easily scanned before submitting.

4. Submit your completed design using one of the methods below before the deadline.

Submission methods

Email submission

- Email your design to: mahuran@hhsc.ca
- Subject line: MacKids Walk & Wheel T-Shirt Contest Submission
- Include: participant name, team name (if applicable), and contact information.

In-person drop-off

- Wednesdays only during the month of April
- Location: Hamilton Health Sciences Foundation Office – McMaster Children's Hospital (MCH)
- Clearly label submissions with participant name and contact information.

Design guidelines

To help ensure your design can be printed and worn on event day:

- Design should reflect kids, some type of motion, hope, and community.
- Artwork may be hand-drawn or digitally created.
- Design must be suitable for digital printing.
- Try to keep your design to three (3) colours*.
- Avoid small or intricate details that may not print clearly.
- Do not use copyrighted images, logos, or characters.
- Final colours and layout may be adjusted to meet branding and printing requirements.

**Designs with more than three colours will be adapted to print perfectly using just three.*

Judging and prize

Judging criteria

Entries will be judged based on the following criteria:

- Motion theme
- Creativity
- Visual appeal

Prize

The winning design will be featured on the official MacKids Walk & Wheel event t-shirt. The winner will receive:

- A shout-out on event day by our MC
- Bragging rights as this year's featured designer
- A framed version of their t-shirt design as a thank you

Terms & conditions

By submitting a design, participants grant Hamilton Health Sciences Foundation the right to reproduce, modify, and use the artwork for event and promotional purposes. All submissions become the property of Hamilton Health Sciences Foundation. The Foundation reserves the right not to select a winner if submissions do not meet contest criteria.