

THE RICHARD AND MARY PELLING SCHOLARSHIP AND BURSARY IN PSYCHIATRY Academic Year 2025 – 2026

The Richard and Mary Pelling Scholarship and Bursary have been made available through the generosity of Mr. Peter Gordon Pelling in memory of his parents, Richard and Mary Pelling.

***The Scholarship and the Bursary* will be awarded on the recommendation of the Pelling Educational Review Committee, and the selection will be based on the criteria listed below.**

CRITERIA

1. Both *the scholarship* and *the bursary* will be open to full-time students and residents enrolled in a health discipline studying psychiatry or psychology in the Faculty of Health Sciences or in the Faculty of Social Sciences at McMaster University. Applicants must have psychiatric clinical and/or research experience in the Integrated Mental Health Program at Hamilton Health Sciences or at St. Joseph's Healthcare during the 2025-2026 academic year.
2. ***The scholarship*** will be awarded to those who demonstrate outstanding academic achievement and who wish to continue their studies in the field of psychiatry or psychology for mental health at McMaster University.
2. Applicants for ***the bursary*** must include in the cover letter how this bursary will financially benefit them in pursuing their studies in the field of psychiatry or psychology for mental health at McMaster University. The selection of the bursary will be based primarily on demonstrated financial need.
3. In addition to the financial need, the following criteria may be considered for the selection of both *the scholarship* and *the bursary* should there be multiple qualified candidates:
 - a) the appropriateness of the program to the goals and objectives of the individual applicant
 - b) recent participation in hospital, professional association, publications, university, volunteer and community involvement
 - c) employment experience
 - d) overall ability to express oneself in the cover letter
4. Preference will be given to applicants who have not previously received *the scholarship* or *the bursary*, provided that applicants are of equal merit.

FUNDING CONDITIONS

1. The successful candidate(s) must agree to spend the award funds within the 2025-2026 academic year.
2. For award disbursement, the recipient(s) will be required to provide a valid Social Insurance Number to the Foundation.
3. The funds will be disbursed upon receipt of the proof of full-time enrollment.
4. The recipients will be required to submit the proof of successful completion of their enrolled program in the 2025-2026 academic year, along with a report outlining the impact the award had on their educational experience to **Hamilton Health Sciences Foundation** no later than **October 1, 2026** to HHSFGrants@hhsc.ca.
5. Should the recipient(s) be unsuccessful in completing the academic year or decide to withdraw from the program, reimbursement of the award would be required.

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APPLICATION PROCESS

1. Please submit a complete application package in a single PDF by the deadline of **January 31, 2026** via email to HHSFGrants@hhsc.ca with the Subject Line: *2025-2026 Richard and Mary Pelling Scholarship/Bursary in Psychiatry*. Application extensions will not be granted.
2. A complete application package includes all of the following:
 1. A completed application form
 2. A cover letter articulating how *the scholarship* and/or *the bursary* will benefit the applicant in the pursuit of their education and how the program will help achieve the individual's professional, academic and clinical practice goals. ***For bursary applicants only, please also include how the bursary will benefit the applicant financially in the pursuit of their education.***
 3. A budget or itemized list of needs specific to the applicant's studies in psychiatry/psychology that the scholarship or bursary will help support.
 4. A current curriculum vitae including work and educational history and affiliations with and participations in hospital, university, volunteer, and community activities.
 5. Transcripts of previous university courses or programs (*a scanned copy accepted*).
 6. Proof of full-time registration from appropriate Program Administrator or Program Director in the Faculty of Health Sciences or the Faculty of Social Sciences at McMaster University (*a scanned copy accepted*).
 7. Letters of support from two academic professors or advisors, and confirmation of the applicant's expected level of clinical experience at Hamilton Health Sciences during the 2025-2026 academic year from the following:
 - For MD students: a proof of core clerkship rotations in Psychiatry/Psychology or clinical electives in Psychiatry/Psychology.
 - For residents: a letter of reference from Chief of the Department of Psychiatry or Psychology, McMaster University.
 - For others: a letter of reference from the Chief of Academic Department of the applicant's program in the Faculty of Health Sciences or the Faculty of Social Sciences at McMaster University.

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Application Form

APPLICATION DATE:		HOME PHONE #	
NAME:		CELL PHONE #	
FULL ADDRESS:			
E-mail:			
AWARD THAT YOU ARE APPLYING FOR: (SELECT ONE)	<input type="checkbox"/> THE BURSARY <i>(Awarded based on demonstrated financial need)</i>		
	<input type="checkbox"/> THE SCHOLARSHIP <i>(Awarded based on academic achievement)</i>		
	<input type="checkbox"/> BOTH THE SCHOLARSHIP AND THE BURSARY		
PROGRAM OF STUDY/UNIVERSITY			
YEAR:	1st <input type="checkbox"/> 2nd <input type="checkbox"/> 3rd <input type="checkbox"/> 4th <input type="checkbox"/> Resident <input type="checkbox"/> Other:		
STAFF MEMBER OF HHSC	Yes <input type="checkbox"/> No <input type="checkbox"/>		

By receiving this award, I agree that should I fail to successfully complete the 2025 - 2026 academic year or decide to withdraw from my program, I will repay the award monies in full to Hamilton Health Sciences Foundation.

SIGNATURE OF APPLICANT	DATE