



A Message From

Reginald Swamy

Board Chair & President

Pearl F. Veenema, FAHP

Chief Executive Officer

Even though the health care system continued to face many challenges throughout 2022, our generous donors remained committed to strengthening health care excellence by supporting Hamilton Health Sciences Foundation.

Thanks to our donors, The Foundation raised \$18.8 million in 2022. We are so grateful to our donor community for stepping forward and making a difference when needed most.

It is the collaboration of our health care providers, staff and volunteers, along with our donors, that keeps us moving forward and able to deliver exceptional clinical care. This collaboration opens a world of possibilities for patients, families and health care providers.

With the help of generous donors like you, we can purchase life-saving equipment; redevelop care spaces to enhance health and healing for patients; enable ground-breaking research into the causes, treatments and cures of illnesses; and invest in the ongoing education of health care professionals. You make this all possible, helping to ensure that the right care is provided to the right person at the right time.

Thanks to donor support, The Foundation is able to enhance the care of patients at all stages of life – from children requiring complex care at McMaster Children's Hospital to older adults at St. Peter's Hospital. The impact of donor support is felt throughout Hamilton Health Sciences, whether it is treating cardiac patients at Hamilton General Hospital or oncology patients at Juravinski Hospital and Cancer Centre.

We would also like to recognize the Hamilton Health Sciences Volunteer Association (HHSVA) for its long-standing, generous support towards patient and capital equipment and for the shared commitment to the bursary program/awards for staff education. The association's Executive Director, Tina Cooper is retiring after more than 25 years. She has been an extraordinary ambassador for The Foundation and the programs we jointly fund. We would like to pay tribute to Tina for her tireless advocacy and support.

We would also like to thank Kathy Thomas for her outstanding contributions as she completes her volunteer board tenure of nine years inclusive of her leadership as Board Chair, 2020 to 2022.

Once again, thank you for your support and trust. We are deeply grateful.



Collaboration and Possibilities. Those are what drive us forward.

Our health care system is facing a challenging time. However, our health care providers, staff and volunteers continue to deliver exceptional, innovative, compassionate care. And our generous donors continue to make a positive impact with their gifts to Hamilton Health Sciences Foundation.

We hope you enjoy reading the stories in this Annual Donor Report. They are filled with examples of how collaboration – of many kinds – makes great things happen and how, with the help of our donors, anything is possible.



2022 Highlights

- KMR Specialty Steel Ltd. donated \$100,000, which in part supported the Gift of Health matching program, which focuses on inspiring giving to the highest priority needs at Hamilton General Hospital.
- Overtime Angels raised more than \$10,000 for the Hematology Department at Juravinski Hospital and Cancer Centre with a tribute concert in memory of Neil Peart from Rush.
- The Take Out Cancer Bonspiel at Burlington Golf and Country Club raised more than \$28,710 in support of the highest priority needs at Juravinski Hospital and Cancer Centre.
- Jessica Durka's Pumpkin Patch in Waterford, Ont. raised more than \$100,000, which supported purchase of an irradiator for the Juravinski Hospital and Cancer Centre Hematology Department.
- The Foundation partnered with Home Instead Senior Care Foundation through its annual GIVE65 event, raising funds online over a 65-hour period, with proceeds to therapeutic recreation at St. Peter's Hospital.
- A \$100,000 donation from 3BG Incorporated supported purchase of an ECMO simulator and point-of-care ultrasound for Hamilton General Hospital.
- Jonny's Gold Ribbon Gala, held in honour of a McMaster Children's Hospital oncology patient who passed away, raised more than \$220,000 toward the Pediatric Oncology Clinic Campaign.
- The Simmons-Peters family funded the purchase of two Affinity Birthing Beds for the new Midwifery Care Unit at McMaster University Medical Centre, one of the first of its kind in Canada.
- The Everhopeful Fund supported the purchase of several medication IV infusion pumps and vital signs monitors for the Pediatric Oncology Clinic at McMaster Children's Hospital.
- The Pasquale and Anita Paletta Family Fund and The Karen and Peter Turkstra Family Foundation Fund supported intravascular ultrasound imaging at Hamilton General Hospital.



In Their Own Words

"Outstanding community health care, which has been critically important for my family, through philanthropy is my top priority."

Reginald Swamy, Board Chair and President
Hamilton Health Sciences Foundation





Hamilton
General Hospital
Foundation



Dr. Mark Jeschke demonstrates the laser while assisted by Nurse Practitioner Stephanie Chadwick and Nurse Jen Holmes.

New Laser to Treat Burns is “Life Changing”

Investment in a laser that treats burns will have a “massive impact” on patients’ lives, says Dr. Marc Jeschke, Director of the Burn Program at Hamilton General Hospital and Vice President Research, Hamilton Health Sciences.

“For Hamilton Health Sciences Foundation to have fundraised to provide this equipment is beyond words. It’s a life changer,” Dr. Jeschke says.

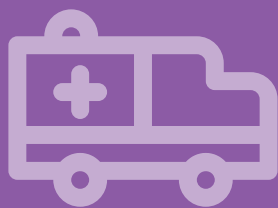
Burn survivors deal with scarring, pain, impaired function and itch, as well as mental health challenges, such as post-traumatic stress disorder. Burn survivors are often unable to work or even perform daily activities. There are limited therapeutic options for these patients, and they often require surgeries for their scar treatment. Surgery is invasive and requires a hospital stay and prolonged recovery, which may involve pain and risk of infection. In addition, patients sometimes wait years for surgery due to long waitlists.

This advanced laser technology has profoundly changed care for burn survivors. It allows doctors to perform

minimally invasive treatment in the clinic, which can improve pain, itching and tissue regeneration and functioning. The treatment takes minutes to an hour and patients can return to their normal activities the following day. Access to this treatment will also shorten surgery wait times for all patients.

“Patients who have had this treatment can sleep again, they can go back to work, laugh again. It completely changes people’s lives,” says Dr. Jeschke. “This is a tremendous tool to improve quality of life.”

The laser is the latest step in Hamilton Health Sciences’ effort to advance burn treatment and research. As one of just two burn centres in the province, ensuring access to quality, specialized burn care in the Hamilton-Niagara region and beyond is critical. In addition, the Hamilton Health Sciences burn research program enables exploration into novel therapies for burn patients and patients with scars, such as 3D printed skin and scarless healing.



More than
175,000 patient visits
to Hamilton Health Sciences
Emergency Departments

More than
180,000 virtual
patient visits
to Hamilton Health Sciences





Patient and donor Chandler.

Patient Determined to Make a Difference Raises Almost \$8,000!

On April 1 2022, Chandler suffered the rupture of an arteriovenous malformation that caused major bleeding in his brain. After spending two weeks in the ICU on a ventilator, Chandler's condition stabilized and he was moved to the Acquired Brain Injury (ABI) Unit at Hamilton Health Sciences Regional Rehabilitation Centre. There, the real work of his recovery began.

Chandler was inspired by the ABI staff who gave him the motivation and tools to begin to rebuild his mobility and life. With gratitude for his incredible care, Chandler decided to raise funds towards the purchase of physical therapy equipment to support future patients like him. Chandler created a fundraising page, which his friends and family shared broadly. It quickly exceeded its fundraising goal, raising almost \$8,000! Thanks to Chandler and his network's generosity, staff were able to purchase a new treadmill to ensure future patients have the critical equipment they need to enable their own recovery.



Brian Campbell at Strides signature event.

Regional Rehabilitation Centre Helps Patients to Keep Moving Forward

After severely fracturing his spine after falling off a ladder, doctors told Brian Campbell he might never walk again. Following a four-hour surgery, Brian learned his vertebrae had been fused together and pinned in place to provide structural support as it healed.

Following a stay at Hamilton General Hospital, Brian began intense physical rehabilitation at the Regional Rehabilitation Centre (RRC). He worked daily to gain back strength in his upper body. As an outpatient, he attempted to walk as much as possible with the assistance of staff, leg braces and walkers. Brian persevered through this intense physical journey with the support of his family and the staff at the RRC.

Brian has learned to redefine normal and, with all that support, he refuses to give up. He credits staff for providing him with exceptional care during a difficult time. "These people are amazing and provide such an extended level of care," he says. "I wouldn't be in a positive place in my life without them."



Dr. Gihan Perera discusses the app with patient Gabriella Ghanem.



Regional Rehabilitation Centre Team Shares Study Findings at Brain Injury Conference in Ireland

A team from Hamilton General Hospital's Regional Rehabilitation Centre recently travelled to the 14th Biennial World Congress on Brain Injury in Dublin, Ireland, with support from Hamilton Health Sciences Foundation.

The team shared its findings from a study using the MyHeadHealth app to explore the association between patient characteristics, treatment compliance and symptoms and a preview of its multi-site, randomized, controlled trial to compare physician experience and patient outcomes when using the app compared to standard practice.

Dr. Gihan Perera designed MyHeadHealth to provide patients recovering from a concussion with

customized care plans, targeted education and daily rehabilitation activity and symptom tracking.

About 15 percent of people diagnosed with a concussion will experience chronic symptoms, which may include headaches, dizziness, difficulty concentrating, vision problems, trouble sleeping, mood swings and anxiety.

"Lifestyle changes like exercise, mindfulness, nutrition, certain medications and sleep strategies can help patients recover," Dr. Perera says.

"Having this all in one place empowers patients to play an active role in their recovery and tracking helps them stay motivated and more likely to adhere to treatment."



In Their Own Words

"In my job, I have the privilege to hear stories of how donor support has impacted the lives of patients and staff. It's truly inspiring!"

Robin Sharma, Senior Development Officer
Hamilton Health Sciences Foundation





Juravinski Hospital
and Cancer Centre
Foundation



Danny Prosic



Trudie Nicholls



Sharon Walker



Joahnna Navarro-Lalic



Donato Palumbo



In support of
Juravinski Hospital
and Cancer Centre
Foundation

Shining a Light on Exceptional Cancer Care

Juravinski Hospital and Cancer Centre is one of the largest and most advanced cancer programs in Ontario and Neil Johnson, Vice President of Oncology, says he is proud to be part of it.

“The Juravinski is filled with compassionate cancer experts. It is also a research-intensive cancer centre; we work with national and international researchers to find better ways to treat and eventually cure cancer,” Johnson says.

Juravinski Hospital and Cancer Centre is the only hospital in the region where patients, from Thunder Bay to Niagara, can be treated for all forms of cancer, supporting more than 26,000 cancer patients each year.

Sharon Walker received a stem cell transplant at the hospital in 2021 to treat acute myeloid leukemia. “I feel so blessed to have a facility like Juravinski Hospital and Cancer Centre so close by,” Sharon says. “Everyone who cared for me was exceptional.”

Joahanna Navarro-Lalic feels the same. “I couldn’t even say care. I think it’s more love. Love for me and my family. That’s what I experienced,” she says.

In 2010, Joahanna took part in a clinical trial to treat ovarian cancer. The drug saved

her life and was later approved for use in Canada. The hospital is currently involved in 260 clinical trials. Donato Palumbo, who was diagnosed with lung cancer, took part in the tKEYVIBE-003 trial. He continues in the trial and is in remission.

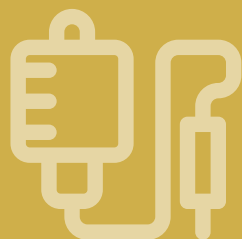
For Danny Prosic, who was diagnosed with liver cancer and later a cancerous tumour on his spine, his treatment was aimed at helping him live as long as possible. Danny, who passed away in 2022, lived three times longer than his life expectancy with good quality of life.

The hospital’s exceptional care even reaches beyond its walls. While shopping, Trudie Nicholls popped into the Mobile Cancer Screening Coach for a mammogram. An irregularity found there led to a breast cancer diagnosis and life-saving treatment.

All of these patients’ stories were featured in the Hamilton Health Sciences Foundation’s Shine a Light campaign as part of Illuminight, an annual fundraising event that aims to shine a light on the cancer care and research at Juravinski Hospital and Cancer Centre.



To read more about the patients featured in the Illuminight campaign, visit hamiltonhealth.ca/illuminight-stories-2022



More than

31,000

chemotherapy
visits

to Juravinski Cancer Centre Oncology Clinic

More than

7,190

new oncology
patients

visited Juravinski Hospital and Cancer Centre in 2022





Grants and Distribution Committee Chairs Dr. Ian Dayes, Denise Bryant-Lukosius and Dr. Ronan Foley with Education Grants Chair Tammy Mathurin (second from right).

Research and Education for Better Cancer Care

In 1998, the former Juravinski Cancer Centre Foundation's Board of Directors saw an opportunity to support the delivery of cancer care through two key areas: research, to advance the prevention and treatment of cancer, and education and training opportunities for staff. The Grants and Distribution program was developed to award grants annually for research projects and professional development.

Since the program began 24 years ago, The Foundation is proud to have awarded over \$5.1 million in funding to 115 research projects, and over \$1.1 million in funding for 161 staff to support their professional development. These grants have covered a wide spectrum of cancer types and disciplines.

Thanks to our generous donors, this program continues to support enhancements in cancer care for the patients and families who rely on Hamilton Health Sciences. The Foundation receives more applications than funding available each year. Greater support from our donors would enable more staff to access training and education and more research studies that will have an impact on cancer care locally, nationally and internationally.



Image courtesy PYNK Program.

PYNK Program Expands to Juravinski Hospital and Cancer Centre

One in eight women will be diagnosed with breast cancer in their lifetime.* While women under age 40 make up a smaller portion of these diagnoses, their needs and experiences differ significantly compared to those diagnosed later in life.

To meet the unique medical, psychosocial, research and educational needs of women under 40 with breast cancer, Sunnybrook Health Sciences Centre's Odette Cancer Centre created the groundbreaking PYNK: Young Women with Breast Cancer program.

Thanks to the generous support of the Jesin-Neuberger Charitable Foundation and BRIGHT Run, the PYNK program is expanding to serve patients at Juravinski Hospital and Cancer Centre.

"We are eager to bring this innovative program to our patients," said Dr. Bindi Dhesy-Thind, Medical Oncologist at Juravinski Cancer Centre. "This program will empower our clinicians to provide specialized care for these young women throughout their diagnosis, treatment, recovery and survivorship and also allow our scientists to lead in the discovery of new treatments."

*Source: Canadian Cancer Society



Suresh Vasu, Radiation Therapist, Jeffrey Greenspoon, Radiation Oncologist, Satya Chaube, Radiation Therapist, Bridgette Shymko, Radiation Therapist, Thomas Chow, Senior Medical Physicist in front of the new CyberKnife.



CyberKnife Gets New Life

The CyberKnife has new life in the Radiation Unit at Juravinski Hospital and Cancer Centre. After 12 impactful years, the existing CyberKnife came to the end of its useful life and needed to be replaced.

At a cost of \$3.8 million, with \$2.7 million in funding from Cancer Care Ontario, our incredible donors and partners raised the remaining \$1.1 million to purchase this critical equipment.

“The CyberKnife allows us to treat patients with brain, spine and body tumours with extreme

precision. We can increase the dose of radiation to the tumour while sparing the normal tissues surrounding it,” says Dr. Jeffrey Greenspoon, Radiation Oncologist at Juravinski Cancer Centre.

The CyberKnife treats approximately 350 patients annually and Dr. Greenspoon and his team are exploring additional patient populations who would benefit from this treatment. More patients than ever will have access to this truly world-class care in the years to come.



In Their Own Words

“The grants provided by The Foundation are pivotal to achieving HHS’s mandate as a centre for cancer care and research.”

Denise Bryant-Lukosius, Co-Chair, Grants & Distribution Research Grants Review Committee





McMaster
Children's Hospital
Foundation



Thanks to the specialized care at McMaster Children's Hospital, Michael has made a full recovery.

The Role of the Region's Pediatric Specialty Hospital

Michael Domingues Jr. was rushed into McMaster Children's Hospital in June 2021 after being found unresponsive after an ATV accident. His parents, Michael and Melanie were told he may not recover. Instead, the then-nine-year-old was home less than a week later, only needing some follow-up appointments and physiotherapy.

But during that week, Michael and Melanie lived through a nightmare. Michael credits hospital staff and physicians for helping them cope. "Everyone was phenomenal and so responsive and supportive," he says. "One of the nurses even switched her shift so she could stay with my wife. They went above and beyond to help us."

To show their gratitude, the family business ACD Wholesale Meats donated \$100,000 towards equipment for the Pediatric Intensive Care Unit, including a specialized wheelchair, carbon dioxide monitoring equipment and a CritiCool machine and blankets, which monitor and control a patient's temperature.

McMaster Children's Hospital has a long history of providing the highest-quality patient and family-centred care to critically ill children, youth and mothers. Its health care providers and researchers have expertise in areas including children's cancer, digestive diseases and mental health and it is home to one of

Canada's largest and most advanced neonatal intensive care units. The hospital continues to deliver this innovative and comprehensive care amid what Children's Healthcare Canada, along with the Canadian Paediatric Society and the Canadian Association of Paediatric Nurses, are calling a child and youth health care crisis.

McMaster Children's Hospital must routinely provide emergency care for children in areas meant for other procedures, stalling services and increasing wait times. Patients face long waits for surgery and for outpatient services at the Ron Joyce Children's Health Centre, which focuses on child rehabilitation and developmental, behavioural and mental health.

Careful planning and investment by all levels of government is needed to meet the demands of population growth and address the backlogs. The challenges facing child and youth health care also make donations like those from the Domingues family even more critical.

The government funds hospital salaries and operating costs, and contributes to capital projects. But it is donors who fund the equipment to diagnose, treat and care for patients and enable ground-breaking research and ongoing education for health care leaders.



More than

188,000

to McMaster Children's Hospital

pediatric
patient visits

More than

88,000

to Ron Joyce Children's Health Centre

pediatric
patient visits





MackKid Bennett with his bravery beads.

Beads of Bravery Mark Treatment Milestones

Just 11 days before his sixth birthday, Bennett was diagnosed with Ewing sarcoma, a rare bone cancer. Flu-like symptoms brought him to McMaster Children's Hospital, where a physical exam and diagnostic scans identified a baseball size tumour on one of his ribs.

The family is grateful for the support and expertise provided by the specialized clinical team throughout Bennett's intensive cancer journey.

"Without the dedicated, exceptionally caring and professional staff of the McMaster Children's Hospital Oncology Department, we would be lost," said Scott and Katelyn, Bennett's parents. In recognition of this exceptional care, Scott and Katelyn launched "Bennett the Brave Fundraiser" and to date over \$320,000 has been raised.

Fourteen rounds of chemotherapy, 32 days of radiation, surgery and many difficult procedures, Bennett is proud to wear his bravery bead necklace. Each bead represents a milestone accomplished or challenge overcome during his time at the Hospital. Bennett advocated for a new bead representing "nose swabs" and the child life team is helping make this available soon.

Bennett is an inspiration – and with his family by his side – he continues his cancer journey like a true champion.



Trans lives matter.

Clinic Promises Hope for Gender Diverse Youth

Hamilton Health Sciences Foundation received a \$500,000 Annual Initiative Grant established through collaboration with Canada's Children's Hospital Foundations and TD Bank Group to support expansion of the Adolescent Medicine Outpatient Gender Diversity Clinic at McMaster Children's Hospital.

The clinic will provide medical and mental health care, bringing together specialists in adolescent medicine, social work, psychology, psychiatry, endocrinology and speech-language pathology.

Research shows that the risk of depression and suicide is greatly elevated for transgender youth relative to adults in Ontario. Being unable to access care dramatically increases the risk of depression, suicidality and other mental health issues. The program will provide comprehensive care and support to 85 to 100 youth from south-central Ontario and beyond each year.

The clinic will provide trans, Two-Spirit and gender diverse adolescents with greater access to gender-affirming care. This will save lives and have a meaningful impact on the positive trajectories and futures of many youth and families in our region.



MacKid Wesley enjoys the light display from sensory equipment.



Sensory Carts Create Environment for Care and Development

Through generous funding from the Air Canada Foundation, McMaster Children's Hospital expanded its sensory program by purchasing additional multi-sensory mobile carts and projectors.

The carts and projectors, which incorporate sights, sounds, textures and motion, can be relaxing or stimulating depending on a child's needs. They create a comforting environment during stressful procedures; reduce anxiety; promote sensory motor learning, language and cognitive development; and foster time for positive interaction.

Three-year-old Wesley is a complex care patient who has had frequent long-term

hospital stays. The moment Wesley would arrive to the ward, he loved having his room transformed by the cart and projectors. Sometimes, he danced with the lights to his favourite music. When Wesley was not feeling well, the settings on the cart and projectors were adjusted to create a more relaxing environment.

"I really don't know what we would have done without sensory equipment and lighting," says Wesley's mom. "It always gave Wesley something to do to help calm him during our lengthy hospital admissions."



In Their Own Words

"Our partnership with McMaster Children's Hospital Foundation allows us to support the families in our community in a meaningful way."

Jason Smith, President and CEO
Old Republic Canada





St. Peter's
Hospital
Foundation



Top row [L-R]: Konrad Grala (Geras Master's Student), Ashlee Azizudin (Geras Master's Student), Chinenye Okpara (Geras PhD Student), Momina Abbas (Geras Master's Student) and Kerry Romas (M3 Social Worker).

Bottom row [L-R]: Marie Migliarini (Geriatric Nurse), Dr. Christopher Lee (Physical Medicine and Rehabilitation Resident), Dr. Alexandra Papaioannou (Professor of Medicine, Geriatrician, Geras Executive Director), Dr. Patricia Hewston (Geras Research Associate), Dr. Kirolos Bassily (Family Medicine Resident) and Donna Ducross (M3 Unit Clerk).

Bringing the Best Research to the Frontlines for Older Adults

Health experts regularly tout the benefits of exercise for improving brain health and mobility and to reduce falls and fractures in older adults. But for older adults, who may have health conditions or become weak after being in the hospital, rehabilitation and access to services in the community can be challenging.

These are issues the Geras Centre for Aging Research is working to solve. The centre focuses on developing models beyond the walls of the hospital to improve brain health and mobility and reduce falls and fractures. Geras, which is Greek for old age, is involved in several research initiatives focused on promoting exercise and rehabilitation as medicine and developing innovative approaches to care.

Geras is leading the first Canadian trial in frailty rehabilitation (called Optimal Fitness). Funded by the Canadian Institutes of Health Research, the trial is for community-dwelling older adults who are at high risk for disability due to limited mobility. When COVID-19 restrictions began, the team mobilized in-person rehabilitation services to be delivered remotely, including virtual exercise sessions, nutrition counselling and medication consultations.

Another current project is PREVENT, which targets hip fractures among older adults

residing in long-term care homes. This program aims to identify residents at highest risk of fracture and provide health care teams with training and tools for improving care. Meanwhile, Fit-Joints aims to improve post-surgical outcomes for frail older adults undergoing hip or knee replacement surgery through physiotherapist-supported exercise, dietary counselling, protein supplements and medication review.

Hamilton Health Sciences Foundation supports the training of new clinical researchers who are working on these important projects, developing new tools and approaches and bringing fresh perspectives to tackle complex challenges related to aging.

“Trainees are the future of interdisciplinary aging research and care,” says Dr. Alexandra Papaioannou, Geras Centre for Aging Research Executive Director and Tier 1 Canadian Research Chair in Geriatric Medicine and Healthy Aging. “By providing them with opportunities to work on innovative projects, we are empowering the next generation of researchers from health sciences to engineering to make a significant impact on the lives of older adults and their families.”



More than
4,000 patient visits
to St. Peter's Hospital in 2022

More than
47,000 ambulatory
patient visits
to Regional Rehabilitation Centre in 2022





Gardens attract patients and pollinators at St. Peter's.

Pollinator Garden Brings New Life to Beloved Courtyard

One of St. Peter's Hospital's most popular features is its courtyard. Come summertime, it's in full bloom and enjoyed by all. With a collection of seating areas, gardens and beautiful views of the escarpment, it serves as a relaxing place for patients to spend time. Whether patients are visiting with family or enjoying a book, the courtyard is always a busy place in the warmer months. Every winter, the courtyard continues to be a unique and appreciated space, as it is decorated for the holidays.

In 2022, a new pollinator garden was planted thanks to generous support from the Shaw family. Planted in memory of a loved one who was treated at St. Peter's Hospital, the garden is full of native plants and wildflowers – including geraniums and black-eyed Susans – and will attract pollinators to ensure all of the courtyard plants continue to flourish.



Art therapy supports "whole person care."

The Art of Healing: Therapeutic Recreation at St. Peter's Hospital

In addition to the steadfast health care that staff across St. Peter's Hospital provide on a daily basis, patients also receive personalized and critical support through Therapeutic Recreation.

Focused on "whole person care," Therapeutic Recreation provides opportunities for creativity and engagement, which help to ensure patients are in the right frame of mind to make the most of their treatment. Of course, this is also a way to provide a little bit of fun.

From creating pieces of art, to visiting with therapy dogs and seated chair yoga, Therapeutic Recreation is focused on participation and engagement for all patients, regardless of skill or ability. Over the course of the COVID-19 pandemic, Therapeutic Recreation continued across St. Peter's Hospital, albeit delivered individually or over Zoom. As we continue to emerge from the pandemic, group activities are returning in time – a welcome change for patients and health care teams alike.



With the portable ultrasound unit: (left to right)Esther Coker, Clinical Nurse Specialist; Rini Dass, Nurse Practitioner on the Medically Complex Care Unit; Dr. Jesse Solomon; Dr Alan Taniguchi; and Dr. Jordan Lafranier.



Portable Ultrasound Saves Time, Resources and Lives

St. Peter's Hospital is now home to a new portable ultrasound unit, thanks to generous support from the J.P. Bickell Foundation.

Before the arrival of this unit, patients in need of an ultrasound scan had to be transported to either Juravinski Hospital or Hamilton General Hospital – a time-consuming and resource-intensive process, which typically takes two to four hours.

A dedicated ultrasound is critical to a myriad of processes, including diagnosis and treatment for

patients suffering from ascites (a buildup of fluid in the lungs), providing physiatrists with current scans to treat spasticity and chronic pain and assisting respirologists to drain fluids to manage comfort for palliative patients. In all these cases, patients will get the critical care they need right in their unit at St. Peter's Hospital without needing to travel to a different hospital site.



In Their Own Words

"Our human-centred and evidence-informed care is shared with respect, compassion, curiosity and creativity. Our patients' dignity and well-being is our guiding light."

Dr. Tamar Packer, Chief, Family Medicine
Complex Continuing and Post Acute Care
Hamilton Health Sciences



OUR 2022 SIGNATURE EVENTS

2022 marked a much-anticipated return to in-person events. It was a joy to bring hundreds of people from our incredible community together to share stories of both struggle and hope, and to enable them to show their support for one another through words, actions and gifts. Thank you to our generous sponsors and to everyone who gave their time, talent, heart and resources in support of these events and the causes they serve.



I'm Every Woman honours eight talented researchers.

I'm Every Woman Research Gala

For 2022's gala event, we chose to highlight the contributions of female researchers and specifically recognize eight women who are shaping the future of care, both inside and outside our hospitals. Much of their work and research focuses on women's health and improving their care, whenever and however they interact with the health care system.



To learn more about the researchers recognized at the gala, visit hamiltonhealth.ca/researchers



Our patients are ready to ride!

MacKids Walk & Wheel

Last June, *MacKids Walk & Wheel* raised a remarkable \$286,368 in support of McMaster Children's Hospital Foundation and to date, the event has raised a staggering \$2 million. More than 1,000 MacKids, community members, sponsors and volunteers gathered at Bayfront Park for the fun, food and festivities. It was inspiring to see so many participants attending the event, and to listen to the stories of our Patient Ambassadors, Ethan, Claire, Molly and Katelynn.



More than \$96,000 raised at the *Strides* event.

Strides

Our 12th annual *Strides* event raised more than \$96,000 in support of the highest priority needs at the Regional Rehabilitation Centre and St. Peter's Hospital. These funds enable the clinical teams to purchase critical equipment and patient amenities, which will have a significant impact on the quality of care provided to patients. In addition to raising these essential funds, it was also a day to share stories of hope, recovery and exceptional care.

CANADA'S CHILDREN'S HOSPITAL FOUNDATIONS AND CHILDREN'S MIRACLE NETWORK

Thank you to all of our Children's Miracle Network (CMN) and Canada's Children's Hospital Foundations (CCHF) partners for their ongoing support of McMaster Children's Hospital Foundation. We were truly inspired by their passion and dedication as they championed pediatric health care excellence in 2022. Here are a few highlights:

- CMN Champion Everlee visited Ancaster Walmart to inspire associates and champion for donations to support the Spark A Miracle campaign. We are thrilled to share that Walmart raised nearly \$650,000 in 2022.
- The Costco Stoney Creek warehouse was recognized by Costco Canada for its outstanding fundraising during the spring campaign and was granted an additional \$100,000 to gift as part of the celebration.
- The Brick's fundraising efforts included the sale of Brickley, its plush bear, and its Buy More Give More Save More campaign, raising almost \$100,000.
- Dairy Queen Waterdown franchisee Jayne Scala was recognized with the 2022 Miracle Maker Award for Canada and was recognized for her incredible efforts at Children's Hospital Week in Orlando, Florida, where she received the special Dairy Queen red jacket.
- New CCHF partner REXALL had a successful holiday campaign increasing donations in our region by nearly 33%.
- RE/MAX agents and brokers contributed to another record year, donating more than \$180,000.



MacKid Everlee and representatives from The Brick.



Troy Bader, President and CEO, International Dairy Queen Inc. and Jayne Scala.

Thank you to all Children's Miracle Network and Canada's Children's Hospital Foundations partners for their ongoing support of McMaster Children's Hospital Foundation.

Air Canada Foundation
The Brick
Costco Wholesale Canada
Customers of Peoples Jewellers
Dairy Queen Canada Inc. Ontario Franchisees
Funding Innovation
GLENTEL Inc. WIRELESSWAVE/
Tbooth wireless
Great Clips, Inc.
IHOP Canada

LIDS Canada Inc.
Lowe's Canada
Marriott International
Northern Reflections
Pizza Pizza
RE/MAX Canada
Rexall Care Network
Sobeys Inc.
TD Bank Group
Walmart Canada



**Children's
Miracle Network**

**CANADA'S
CHILDREN'S
HOSPITAL
FOUNDATIONS**



a

Providing “World-Class” Care at Juravinski Hospital and Cancer Centre

Paget and her husband Tom were living abroad when he was diagnosed with mesothelioma in 2003. They had access to medical care around the world, including experimental treatment in Boston, which extended Tom’s life by three years.

In 2009, Paget was diagnosed with terminal multiple myeloma and referred to Juravinski Hospital and Cancer Centre. “I knew immediately that I was in the best place to wage my battle with this disease. Patient care was always at the forefront and the innovative research producing new treatment options really stood out to me,” Paget says.

“The care I received at Juravinski Hospital and Cancer Centre rivals anything I’ve seen in other world-class hospitals on three continents.”

The stem cell transplant Paget received resulted in a 10-year remission. During that time, Paget developed breast cancer, which was successfully treated. In 2018, the myeloma returned. With treatment, Paget is once again, in remission.

“Legacy gifts ensure that our hospitals get the specialized equipment needed to continue offering excellent care for all patients,” she says. “We have an obligation as donors to help make this happen.”



Inspiration Lottery winner Helen S. won \$58,705 in October.

Equipment Purchase Made Possible Thanks to Lotteries

The Foundation’s Winning Wednesdays 50/50 Staff Lottery for Hamilton Health Sciences employees and community 50/50 Inspiration Lottery truly are a win/win for prize recipients and patient care in our region. Thanks to participants, funding of vital equipment was made possible in 2022.

The Staff Lottery contributed net proceeds of \$554,967 to support the purchase of equipment for programs and services across Hamilton Health Sciences.

The 50/50 Inspiration Lottery provided \$252,747 towards the purchase of a Pulsed Dye Laser – the new standard for treating burns, and will assist with research as well as general burn care. To learn more about this vital piece of equipment, please see page 3 of this report.

Congratulations to all the winners!



Staff Lottery winner Maria K. won \$20,286 in June.

MONTHLY GIVING SUPPORTS HIGHEST PRIORITY NEEDS

A Lasting Investment

Rhona Harvey, 89, has donated to McMaster Children's Hospital since 1987, after her grandson, Cody, was born and received care for minor complications.

"It was my daughter's first-born child, and that can be scary to have your child whisked away after giving birth," recalls Rhona. "I remember the compassionate care the staff showed to not only my grandson but towards my daughter and the rest of our family."

A few years after her first gift, Rhona became a monthly donor and has donated each month to McMaster Children's Hospital for over 33 years, making her one of Hamilton Health Sciences Foundation's longest-standing monthly donor.

"We're in a time where technology, equipment and research in health care are constantly evolving to ensure the best possible patient care," says Rhona. "When I read the stories of the young patients, I realize how important McMaster Children's Hospital is to our community, and I know my gifts support those who need it most."

The Foundation is grateful for our caring monthly donors, like Rhona, who help support the highest priority needs at the hospital.

"We are so fortunate to be in a community where we can access outstanding medical care," says Rhona. "At my age, I always think about our community's future, and our children are the future. We must support our doctors, nurses and medical staff to provide the best care possible for them."



MacKid Joshua, surrounded by life-saving equipment purchased through donor support.

Monthly Giving by the Numbers



Total number of
monthly donors

1,909



New monthly
donors in 2022

161



Given monthly to the
highest priority needs

More than

\$49,000



Donor's longest
consecutive
time giving

33 years



Dr. Laura Duncan and Dr. Paulo Pires.



To learn more about the Juravinski Research Institute, visit juravinskiresearchinstitute.ca

Using Artificial Intelligence to Enhance Health Outcomes for Children and Youth

For parents and caregivers of children and youth living with mental illness, it can be challenging to predict the likelihood of negative health outcomes, such as those requiring hospitalization. Unlike other areas of medicine where lab results and vital signs can indicate risks, there is no standard predictor for mental health. Dr. Laura Duncan and Dr. Paulo Pires of Hamilton Health Sciences and Dr. Roberto Sassi from the University of British Columbia are aiming to change this.

Thanks to funding from the Juravinski Research Institute, their research aims to develop accurate risk predictors for youth mental health through analyzing electronic health care data. They have already seen success, having developed prototype models that can predict when a patient may be admitted to the Emergency Department after accessing outpatient services.

This study is one of the 21 research projects funded by the Juravinski Research Institute to date. The Institute was established through an extraordinary endowment of more than \$100 million by Margaret and Charles Juravinski and is a special partnership between Hamilton Health Sciences, McMaster University and St. Joseph's Healthcare Hamilton.

Research Chairs - A Vital Link to Patient Care

In addition to conducting vital medical research, Research Chairs mentor other researchers and develop new areas of research and clinical excellence. We are proud to support 12 Research Chairs through managed endowed funds.

ArcelorMittal Dofasco Chair in Cancer Therapeutics Research
recruitment underway

Beamish Family Chair in Peripheral Vascular Surgery
held by Dr. Jacques Tittley

BRIGHT Run Breast Cancer Learning Health System Chair
held by Dr. Ashirbani Saha

David R. (Dan) Offord Chair in Child Studies
held by Dr. Kathy Georgiades

Hamilton Health Sciences Foundation / Jack Sinclair Chair in Neonatology
held by Dr. Salhab el Helou

John G. Kelton Chair in Translational Research
held by Dr. Donald Arnold

Marta and Owen Boris Chair in Stroke Research and Care
held by Dr. Ashkan Shoamanesh

McMaster Children's Hospital Chair in Autism and Neurodevelopment
held by Dr. Stelios Georgiades

McMaster Children's Hospital / Hamilton Health Sciences Foundation Chair in Neuromuscular Disorders
held by Dr. Mark Tarnopolsky

McMaster Children's Hospital / Hamilton Health Sciences Foundation Chair in Pediatric Thrombosis and Hemostasis
held by Dr. Anthony Chan

Scotiabank Chair in Child Health Research
recruitment underway

St. Peter's Chair in Aging
held by Dr. Joye St. Onge

INVESTING IN THE FUTURE

Grants and Bursaries for Continuing Education

With the support of our donors, we are honoured to award individuals across Hamilton Health Sciences (HHS) with a range of bursaries and awards to enable the pursuit of ongoing education, professional development and research initiatives.

The Woods Family Nurse Practitioner Bursary

Inspired by the exceptional care their son received, the Woods family established this bursary in 2022 to support education for nurse practitioners working in oncology and hematology at Juravinski Hospital and Cancer Centre (JHCC).

“I look forward to my growth within HHS and know with confidence that this award contributed greatly to what I can now offer this patient population and community,” says recipient Bronwen Zatterberg. The bursary supported her training to become a nurse practitioner. Bronwen now works as a nurse practitioner in hematology at JHCC.



Bronwen Zatterberg

Dr. Stephen Buttrum Memorial Bursary for Excellence in Clinical Psychology

This bursary was established by the Buttrum family in memory of Dr. Stephen Buttrum, a beloved psychologist and clinician at McMaster Children’s Hospital (MCH). It supports PhD candidates in the Clinical Psychology Internship Program at MCH. In 2022, the bursary was awarded to Alexandra Tighe and Clare Hinch.

“I feel very fortunate to have had the opportunity to use these funds to further my clinical training and education,” says recipient Alexandra Tighe. After completing her internship, Alexandra joined the psychology team at MCH in the Adolescent Medicine Clinic.



Alexandra Tighe

The Health Professional Bursary Program

Supported in partnership with the Hamilton Health Sciences Volunteer Association, the Health Professional Bursary Program provides funding to health professionals across all areas of HHS who are pursuing advanced studies in their profession.

The Foundation has supported these awards for over 20 years, with the awarding of four bursaries including: the Paul Robson Bursary, the Susan D. Smith Bursary and the Aileen McPhail Bursary.

To see the full list of bursary and award winners, see page 25.



In Their Own Words

“Tina is deeply committed to the advancement of knowledge in health care through the HHSVA staff education & support fund. Her energy and personal interest in the learners is contagious.”

Louise Taylor Green, President, Board of Directors
Hamilton Health Sciences Volunteer Association

Louise (left) with Tina Cooper



OUR GUIDING PRINCIPLES



Equity, Diversity and Inclusion

Our commitment to equity, diversity and inclusion within Hamilton Health Sciences Foundation reflects a belief that we will make the greatest impact to our mission when everyone can genuinely and fully participate without barriers or exclusion.

Our Mission

Our mission is to raise funds and manage donor gifts for the purpose of supporting outstanding clinical care and research for the communities served by Hamilton Health Sciences.

Our Vision

To see a community of inspired and committed donors who embrace *It's Vital to Care*.

Our Values

The Foundation believes that relationships and partnership are the basis of excellence in fundraising. Therefore we will:

- Treat all donors, the Hospital and others with integrity, respect and appreciation
- Be accountable to our donors and the community
- Encourage creativity and innovation in our activities

Our Creed

It's Vital to Care

Each dawn brings into our world a new mosaic of people, patients, staff and critical needs. Needs for funding to support patient care, medical equipment, specialized programs, education and research. It is a unique blend of needs that inspires us to do our very best.

While we are a mosaic, each one of us unique in our skills and talents, we unite in our desire to make a difference as we bring our own passion and commitment to our roles. We inspire those we encounter on our daily journey to join with us, as we raise funds to support our region's health and well-being.

We seek to inspire by telling the stories of patients and staff. They are the friends, families and loved ones of people who rely on the care we support. It is their stories that have the power to influence why *It's Vital to Care*.

Gifts come in many forms, each with its own unique value and role in supporting our Foundation. We remain focused building the community's confidence as their charity of choice. A charity that welcomes contributions great and small, providing for the needs of our hospitals. A contribution that enables each hospital in our family to have the equipment and environment that enables caring and compassionate health care.

An environment, where through funding for world-leading research, the next treatment, cause or cure can be found. Each day we remain focused on those who can help us to impact a life. The life of today's patient or tomorrow's.

Together, we are committed to inspiring donors to understand why *It's Vital to Care*.

On behalf of Hamilton Health Sciences patients, their families and our workforce, we want to express our heartfelt gratitude for your generous support and contributions to our mission of providing the Best Care for All.

Thanks to your financial support, we have been able to acquire state-of-the-art equipment and revitalize patient care spaces, which have improved patient outcomes, comfort and satisfaction. Your contributions have also helped us to create an environment that fosters compassion for all our patients, their families and the health care team.

Your generosity makes a difference in the lives of some of our most vulnerable patients including newborns, frail patients requiring rehabilitation and those who are receiving care from Hamilton Health Sciences' cancer and burn programs. Your contributions support our ability to attract and retain top health care professionals, as well as advancing medical research, technology, innovation and education.

While we have made great strides, there is much more we need to do. We are deeply grateful for your commitment to our mission of providing excellent health care, and we look forward to continuing to work together to make a meaningful difference in the lives of those we serve.

We cannot do this without you. Thank you for your ongoing support.



David Lazzarato
Board Chair



Rob MacIsaac
President & CEO

Bursary Winners

We are honoured to support many individuals across Hamilton Health Sciences with a range of bursaries and awards, many of which enable the pursuit of ongoing education and professional development. We thank the donors who support all bursaries and look forward to the continued promotion and advancement of all available bursaries.

Cameron Family Award

Daniel Briatico
Julia Yole

Dr. Stephen Buttrum Memorial Bursary in Clinical Psychology

Clare Hinch
Alexandra Tighe

Early Career Awards

Flavia Borges
Joyce Obeid
Hasan Merali

Grant I. Budden Award

Katie Balardo

Occupational / Respiratory / Physiotherapy Award of Excellence

Michael Kampen
Joanne Longo
Jenny McEwen-Hill

The Richard and Mary Pelling Bursary/Scholarship in Psychiatry

Julia Woo
Sanya Sagar
Sang Ik Song

Health Professionals Awards

Aileen McPhail Bursary
Carolyn Notarandrea
Paul Robson Bursary
Sheren Anwar Siani
Susan D. Smith Bursary
Samuel Jennings
*Health Professional
Foundation Bursary*
Christina Carr Crane
Sarah Ferguson

Juravinski Hospital and Cancer Centre Foundation

Dianne Lee Memorial Bursary
Bridgette Shymko Heil
Robert and Murray Burns Award
Claire Howe
*Steve Hopkins Bursary for
Hematology Care*
Taylor Vanderby
BRIGHT Run Award
Elysia Donovan
Research Grant
Julie My Van Nguyen
Yaron Shargall

New Investigators Fund

Taylor Duda
Rachel Eikelboom
Aaron Gazendam
Ipsita Goswami
Raed Joundi
Harry Klimis
Julie My Van Nguyen
Markian Pahuta
Elena Parvez
Isabel Rodrigues
Michael Wang

Additional Bursaries Available:

Child Life Recognition Award
Douglas St. John Award
*Hadley H. Chamberlain Award for
Prostate Cancer Research*
Jay Kuhn Award
Jessica Cruse Rehab Nursing Award

*John Rogerson Jackson and Dorothea
Marguerite Jackson Medical Research Fund*
Occupational Therapy Practice Award
Shirley Johnson Award
Shirley Krochuk Award
Spacelabs Healthcare Education Fund
Stuart J. Cohen Memorial Awards
Virginia Hardy Education and Training Award

CELEBRATING OUR LEGACY CIRCLE

The Legacy Circle honours people who share a commitment to the future of health care. As such, these generous individuals have notified Hamilton Health Sciences Foundation of a designated gift through their estate plans. Respectfully, many donors wish to remain anonymous. Those who granted permission to be recognized as members are listed below.

Eileen Akershoek
Ms. Denise Alesi
William and Ruth Almas
Claire Andoff
Robert and Loraine Annandale
Helen Antikian
Callie Archer
Mr. and Mrs. Irfan Ashraf
Bill and Helen Ayre
Robert Baboth and Mary Beth Toth
Mrs. Vickie Baird
Mr. James M. Barr
Mary Beamer
James and Catherine Bell
Mrs. Jody Bellehumeur
Mr. Bill Bergin
Mr. and Mrs. Alex Bradnam
In loving memory of
Sian and Ken Bradwell
Marnie and Bill Brehm
Jean Brookings
Mrs. Anne Brown
Deborah M. Brown
Miss Sarah Brydges
Ann K. Bucke
Alicia Butson
Caldarelli Family
Mrs. Christina Callaghan
Ms. Liz Callahan-Osadek
Ms. Winifred Cameron
Miss Daniela Capretta
Jacqueline Carey
Deborah Chamberlain in loving memory
of Hadley H. Chamberlain
Dr. Gerry and Dr. May Cohen in memory
of Stuart J. Cohen
Jane Colling - Everett Colling
Memorial Endowment
Mrs. June Davis
Helen DeBoer-Daggett
Mr. Daniel Defries
Mr. Mike Del Gobbo and
Ms. Lucy Malvestuto
Mr. Paul Devilliers
Joseph and Louise Di Tursi
Charles and Nan Dickson
Mr. and Mrs. Stan Dinga
Steve Dobrus
Rhonda and Darren Drury
Brian and Donna Duncombe
Mr. Darren and Ms. Kathryn Dunnett
Jessica and James Durka
Paul E. Durnan
Dennis A. Durrant in memory
of Margaret Durrant
Mr. and Mrs. Allister Eecklor
Mr. John Ekkebus
Mrs. Zilla Elliott Myers

George and Sadie Elliott
Ingeborg Evans
Mr. and Mrs. Zenon Fednik
Mrs. Mona R. Fell
Ms. Marie E. Fennell-Shutler
Robert Fichtner
Mr. and Mrs. Maurice Forget
Mr. and Mrs. William Robert Freestone
Virginia Gaguega and
George Gaguega
Miss Sharon Gal
Ms. Kelly Anne German
Helma Geyer
Ronald J. Gillespie
Bob Graves
Tim and Lisa Gonnering
Mr. Carl Gustaw
Clifford and Joan Gwilym
Everard Hambro
Bruce and June Hamilton
Pat and Orland Harrison
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Patricia Hart
Saiga Hart
Mr. George Heffernan
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Leslie and Allan Hicks
Mrs. Betty A. Hill
Dr. Hal W. Hirte
Ms. Fern Hogan
Mr. and Mrs. Bob Hougham
Ms. Sharon Howard
Ms. Dagny Ingolfsrud
Gord and Dianne Jamieson
Mrs. Patricia Jaye
Mr. James Jensen
Marvin Jones
Mr. Rowland Jones
Margaret and Charles Juravinski
Mr. Eric Kardash
L. and K. Kearsey-Carter
Mrs. M. Johann Keays
Linda Kirk-Boyer
Don and Cathy Klein
Mr. and Mrs. William Koomstra
Ron and Brenda Kropf in memory
of son Matthew Kropf
Ms. Joan Kruger
Claude Laprieur
Betty Laron
Mr. Ronald Leroy
Mr. Donald A. Leslie
David and Kathy Lincoln
Schopf Loach Family
Ms. Janet Long
Ms. Teresa Lorentz
Roy and Janet Lyons

Gerry MacCarthy
Mrs. Robin MacPherson
Mr. Robert and Mrs. Antoinette Madden
Mrs. Pat Mandy
Mr. Emil J. Martyniuk
Mr. Rick Matwichuk and Ms. Tanya Chypchar
Mr. and Mrs. John Mayberry
Ms. Jackie McChesney
Mrs. Joan McCrea
Robert and Jane McDowall
Mrs. and Mr. McLean
Mrs. Philomena McMullan
Mr. Stephen and Mrs. Patricia McNab
Mrs. Jean McNeil
Mr. and Mrs. Robert and Nancy Melnyk
In loving memory of Audrey Moffett
Mr. and Mrs. Marcel Mongeon
Ms. Lucy Moretti
Mr. Bruce Morgante
Dr. Sami Najm and Mrs. Shirley Najm
Endowment Fund
Mr. Minh Nguyen
Mr. Cyril Noble
Ms. Lois Norris
Bill and Jean North
Alan and Sheila O'Brien
Ms. Wendy Olds
Steve Osborne - Victoria Osborne
Endowment
Mr. Daniel Page
Mrs. Simone Palmer
Ms. Raffaella Paolini
Tawnya Parent
Mrs. Joyce Parkin
Mr. Robert Peak and Ms. Connie L. Unrau
Marg Pepler in memory
of David A. Crysdale
Paget Perrault
Ralph and Rita Piedigrossi
Mrs. Anne Pizzacalla
Mr. Antony Placidi
Mr. Brian and Mrs. Dawn Playfair
Mrs. Mary Pocius
Mr. Don Pollock
Mrs. Victoria Poloniato
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Mrs. Loretta Schneider
Mr. and Mrs. Michael Scime

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Mr. and Mrs. Donald Scruton
Mr. and Mrs. Joseph Sheeler
Bob and Donna Shurge
T. Gail Sicard
Mr. Drew Simon Sweeney
Gary Smith
Ms. Nancy Smith
Brian Ferguson and Gwen Spencer
Ofelia Spycher
Mr. Doug Steedman
Grace Stevens
Mrs. Audrey Stewart
Steven Strba and Cathy Yantsis
Mr. Douglas Sturch
Rita Tartaglia
Mrs. Mary Taylor
In honour of my mother, Florence Tebbutt
Mrs. Dorothea Thomas
Kathy Thomas
Joan Thompson
Mrs. Judy Tratechaud
Mr. and Mrs. David and Linda Underhill
Mrs. Joan Van Stroe
Mrs. Wilma Vander Mey
Mrs. Mary Vanderende
Mrs. Leah VanTil
Pearl F. Veenema
Mrs. Pearl Volkov
Ms. Ilsa Wachter
Mr. and Mrs. Harold Wagner
Mr. James Walker
Mr. and Mrs. Jay Waters
Ms. Joanne Watson
Mr. Larry Webber
Mrs. C. Weise
Teena Wheeler
Alexis White
Ms. Shelley White
Mrs. Doreen A. Whittaker
Donald and Lenise Willard
Mrs. Ivy Wilson
The Wilsons, Landane House
Mr. Stephen Woeller
In memory of Alvin Robert Woods M.D.
Mr. John A. Worsell
Mr. Wright
John and Jan Yaffe
Lucienne and Allan Young
Mr. Bill and Mrs. Mary Young
Mr. Jerry Young
Mrs. June Young
Ms. Mary Young
Mrs. Laura Yuzark
Ronald J. Zabrok

We are grateful to the individuals listed who designated a legacy gift to Hamilton Health Sciences Foundation as part of their estate. Through their careful planning and forward consideration we received these gifts, either in part or in whole in 2022. We are honoured to acknowledge their generosity and its lasting impact.

Brenda Carolyn Ayers
Lucien Backers
Iris Olive Berryman
George Brown
Anna Marie Carpenter
Christina Joyce Castel
James Douglas Cheeseman
Lilian Chekosky

Mary Conery Cooper
George Anderson Cowell
Elizabeth A. Croft
Diane Linda Curno
Hazel Elena Faris
Dennis Victor Fern
Janet Lee Ann Hanula
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Rory Haygarth
Betty Albertine Hoadley
Herbert Florian Hofer
Wanda Jakubowicz
William Johnston
John Henry Kinzie
James William Lawson
Dorval Ledoux

Georgia Joyce Mair
Irene Maxwell
Eleanor Mellick
Edna Jean North
Diana O'Donnell
Lothar Otto Pietsch
Ronald Harvey Pogue
Jean Rawle

Buddy Joseph
Franklin Robbins
Cynthia Rosina Spencer
Lloyd David Subject
Teresa Mary Tharby
Robert Wilson
Andja Zimonja

CORPORATE AND COMMUNITY SPECIAL EVENTS

We are fortunate to have many community and corporate partners. The following is a list of our loyal partners who host events and fundraise on our behalf. Thank you for your efforts.

2022 Strike Out Cancer Bowling Event	Gord Armes and Bill Hamilton Memorial Golf Tournament	PAWsitivty Cards
24 Good Deeds	Governors Manor	Pink Night
AAG Tailored Cutting Solutions	Greener Pastures Community Fund	Procor Limited
Aidan Teague Charity Softball Classic	Guardian Angels Catholic Elementary School	Rainbows & Stars-Aleksa's Journey
Alanda's Christmas Nice List Fundraiser	Hamilton Archery Centre	Raymond Cole Memorial
Alive Intention Bracelets	Hamilton Bull Dogs / 3275126 Foundation	RBC Race For The Kids
AMA Roofing Supplies	Hamilton Health Sciences Volunteer Association Fundraising	RetroCon Canada
Amethyst for ALS	Hamilton Marathon Road2Hope	Ricca D'Oro Jewellery
An Evening of Awareness	Hamilton Police Association	Rotary of Burlington Porsche Lottery
Angelina Strong T-Shirt Fundraiser	Hammering Cancer	Royal LePage Real Estate Services
Anima Birthday Fundraiser	Haunted House Fundraiser	Run For Hamilton, c/o Ahmadiyya Muslim Jama'at Canada
Annunciation of Our Lord School	Hector Whitton Memorial Golf Tournament	Ryan William Charity Golf Tournament
Aubree's Give Back to Mac Golf Tournament and Dinner	Heritage Realty Inc.	Safari Niagara
Avondale Stores Limited	Hillfield Strathallan College Turkey Trot and House Cross Country Fundraiser	Saint Anthony Feast Committee
Bennett the Brave Fundraiser	Holiday Rafiki Fundraiser	Samantha Watson's Toy Drive
Boston Marathon - Diane Lacombe	Hudson's Bay Company	Scotiabank and Scotiabankers
Boston Pizza Foundation	Hughes Haunted Halloween Fundraiser	Sherri-Leigh's 40th Birthday Party Fundraiser
BRIGHT Run	IGNITE	Silvano and The Mulberry Street Porchin' Band
Bruno DeLuca Golf	IKEA Burlington	Soliders of Fortune Paintball
Bucket Brigade Exterior Cleaning	In Honour of Hudson Fisher	Southern Ontario Beer Boys
Budds' BMW Motorrad	In Honour of Theodore "Theo" Sliho Fundraiser	Spirit of Children Campaign
Burlington Centre Mall	It Takes Guts to Make a Difference	St. Francis Xavier Catholic Secondary School
C.F.F. Stainless Steels Inc.	Jo Thorman Memorial Golf Tournament	St. Teresa Of Avila Ces
Canadian Bearings Charity Golf Tournament	Jonny's Gold Ribbon Gala	St. Agnes Catholic Elementary School
Cancraft Marketing	Joshua's NICU Fundraiser	St. Bernadette Elementary School
Carson Law Office Professional Corporation	Kenny and Cindy's No Frills	St. Davids & District LEO Club
Casino Fundraiser Presented by Lundy Realty Group	KF Aerospace	St. Francis of Assisi Catholic School
Cassidy's Easter Egg Hunt	Kingsway 5 Pin Bowlers Association in memory of Warren Cullen	St. Paul Catholic Elementary School
Catholic Womens League Hamilton Diocesan Council	Knot Really Art	Sts. Peter and Paul Catholic Elementary School
Celebrating Jake Mair and Trish McMullan	Kool Stuff Toys and Collectibles	Take Out Cancer Bonspiel - Burlington Golf and Country Club
Chandler's Fundraiser	Levi Cares Fundraiser	Tanglewood School
Change Makers for MacKids	Liam's Legacy Golf Tournament	The Broken Knee
Check 1 Check 2	Lidia's Legacy Golf Tournament	The Fragrant Breeze Golf Tournament
Child's Play Charity	Lions Club of Stoney Creek	The Harmony Lodge No. 57
Colours for a Cause	Liquor Control Board of Ontario (LCBO)	The Jersey Girls
Cora Classic Charity Golf Tournament	Lisa Woolsey's Wedding Fundraiser	The Rail Trail Trek
CosMic Plants Inc.	Long & McQuade Musical Instruments	The Zoey Cares Foundation
Cushman Halloween 5K Run Fundraiser	Lucille Bird Memorial Run	Thundering Waters Golf Club
Daddy & Daughter Ball	Lucy's Fashions	Tiny Titan
Dairy Farmers of Ontario, Board Members and Staff	MAC Dance	Toy Drive Reimagined
Davis Charity Golf Tournament	Mapleview Centre Gift Wrapping Station	Triathlon for the Cure for JCC-Penny MacCormack
DeDivitiis Family Fundraiser	Marigold's First Birthday Fundraiser	Tucker Charity Golf Tournament
Doctor Who Society of Canada	Mary Poppins Co-Operative PreSchool	Twisted Lemon Restuarant
Domino's Pizza of Canada	Marz Homes Golf Tournament	UFCW Local 12R24 - The Beer Store
Donate for Maks	Mateo Macaluso's Green Jacket Memorial Golf Tournament	Umicore Autocat Canada Corp.
Eastern Food Market	MBTrueNorth Fundraiser	Vineland Firefighters Association
Edgeukid (1628735 Ontario Inc.)	McMaster Pops Orchestra	Virtual Escape Room Game Fundraiser
Egger Excavating Ltd.	McMaster Student Union Inc.	W. H. Ballard Elementary School
Elizabeth and Catie's Sweets & Treats	Mechanical Contractors Association Hamilton Niagara	Walden International School MacKids Week
Ellen's Family Fundraising	Memory Motors	Watson's Pumpkin Fundraiser
Emerson Pottery Ornament Campaign	Millgrove Public School	Wave Sports Annual Mac Children's Hospital Golf Tournament
ETU Half Marathon	Million Reasons Run	William Fox Racek Fundraiser
Farm Boy Coupon for Kids Campaign	Music and Miracles	William Frearson Memorial Golf Tournament
Fido's Playground	Nith River Round Up's Shannon Adams Memorial Roping	Winners Store 280
Firepower Fitness and Wellness-Evelyn's Fundraiser	Our Journey with Juravinski - Jessica and James Durka	WishHeart Fund Fundraising
Flamboro Valley Camping Resort Ltd.	Overtime Angels - In Memory of Neil Peart	WNHL
Forbes Family Bottle Drive	Pauline Johnson Collegiate and Vocational School	Zehrs At-Cash Campaign
Frank Luongo's 60th Birthday Fundraiser		
Free Masons of Hamilton District 'B'		
Gavin's Birthday Fundraiser		
Golfi and Friends Fundraising		

2022 CONSOLIDATED FINANCIALS

In 2022, Hamilton Health Sciences Foundation was pleased to disburse \$11.39 million to enhance patient care at Hamilton Health Sciences.

Each year, the balance between our four core pillars shifts based on single and multi-year commitments, and the highest-priority needs of teams at Hamilton Health Sciences.

We are tremendously grateful for the support of our donors, who once again stepped up and helped to ensure health care excellence for patients and families from throughout the region.

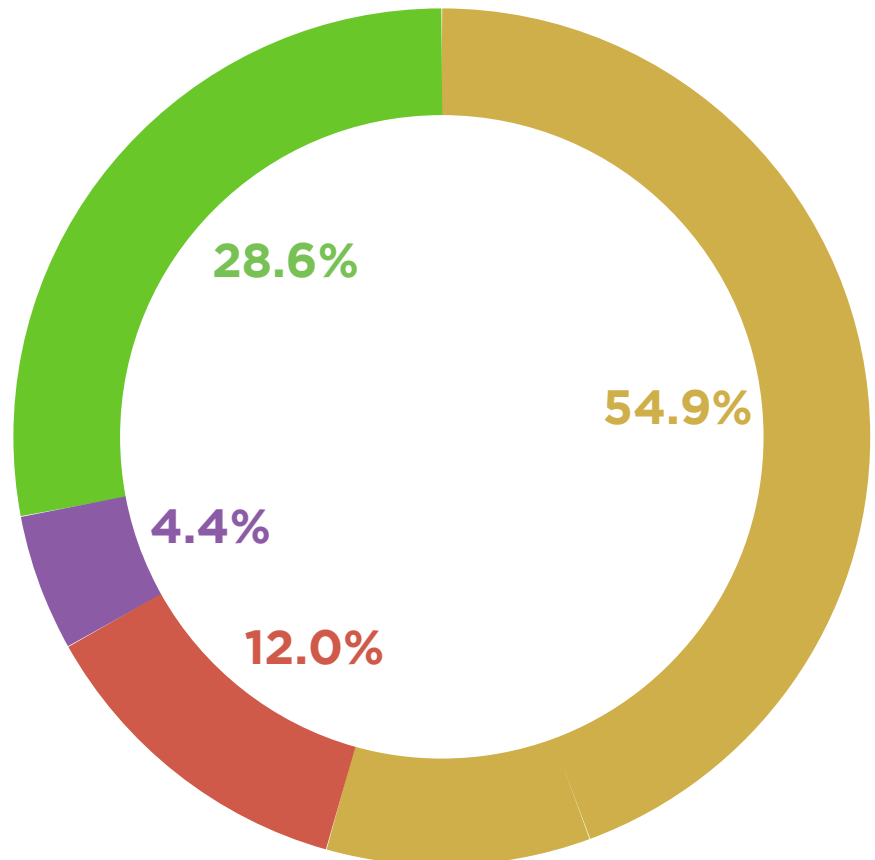
**\$11.39
MILLION
DISBURSED**

EQUIPMENT & PATIENT AMENITIES
\$6.25 Million

REDEVELOPMENT
\$1.37 Million

RESEARCH & FELLOWSHIPS
\$3.26 Million

EDUCATION & BURSARIES
\$0.5 Million



Our audited financial statements are available on our website or by contacting David Kraulis, Vice President, Finance, at 905-521-2100 ext. 44385 or kraulis@hhsc.ca

MANAGEMENT TEAM

Pearl F. Veenema, FAHP
Chief Executive Officer
Darlene Bennett, CFRE
Vice President, Development
Sherri Bocchini, CFRE
Vice President, Development

David Kraulis, CPA, CA
Vice President, Finance
(as of August)
Tracey Lamb, CFRE
Director, Donor Services
and Database Management

Helen Suk
Director, Digital Marketing
Sandra Wilson, CPA, CGA
Chief Operating Officer
Chief Financial Officer
(Until May)
Milaina Wright
Director, Corporate Partnerships

2022-23 BOARD OF DIRECTORS*



(Left to right) Paul Demarco, Jim Wilson, John Lewis, Jessica Durka, Dr. Stephen Puchalski, Kathy Thomas, Rob MacIsaac, Pearl F. Veenema, Dr. Paul Miller, Reginald Swamy, Jon Jurus, Holly Simmons, Jane Percival, David Vander Ploeg, and John McKenzie.
(Absent: Dr. Sebastien J. Hotte, David Lazzarato and Ralph Olivier)

Reginald Swamy
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Pioneer Lane Group

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Thinking Partner
Golden Lasso

Jon Jurus (Past Chair)
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Hamilton Region Office
IG Wealth Management

John McKenzie (Treasurer)
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TMX Group

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Juravinski Cancer Centre

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Hamilton Health Sciences

Dr. Paul Miller
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Dr. Stephen Puchalski
Retired Anesthesiologist
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Gary Gallacher
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Srdjan Vujosevic
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Leigh Vyn
Pearl Veenema
Joseph Kim
David Kraulis

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Dr. Sebastien Hotte
Ralph Olivier
Dr. Paul Miller
Dave Vander Ploeg
Dr. Stephen Puchalski
John Tagle
Jim Wilson
Pearl Veenema
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Sherri Bocchini

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